



School Holiday Tennis Boot Camps

for comp or tournament players to find the edge

at DSTC Grafton Street

Tue Wed and Thu each week during every school holidays

Daily programme features from 10am-12pm includes:

- 30 minute fitness session including:
Mini Gym workout featuring boxing speed ball, treadmill and rowing machine the kids will love it!
- 45 minute dynamic drills including video analysis
Fantastic! Variety of drills for tactical awareness including technical video analysis
- 45 minute match play
Daily challenge board singles and doubles

Cost \$120 for full clinic or \$45 per day / \$200 for both weeks

Only 4 players per coach graded accordingly / Includes complimentary Powerade every day

Win more premierships !

Contact Justin:

Mobile 0415 289 733

www.justn2tennis.com.au

email coach@justn2tennis.com.au

Be a friend of Dover Square Tennis Club on Facebook !

